

Say No to Winter Hunger

This winter, people in Letchworth, Hitchin, and Baldock are facing hunger.



CAN YOU HELP?

You can donate
easily here



Say No to Winter Hunger

Heat or Eat? No one in our community should have to choose.

Rising energy, food, and petrol costs mean hundreds of local people are facing impossible decisions this winter.

Demand is up **29%**. Last winter, we provided **16,902 meals** across Letchworth, Hitchin, Baldock, and surrounding villages. This year, the need is even greater and we need your help to meet it.

How your donation helps

Every pound makes a direct, immediate impact right here in our community:

- **£2.50 – £10:** Buys essential tinned goods for emergency parcels.
- **£25:** Provides 3 days of emergency food for a household in crisis.
- **£100:** Funds vital money advice at our Welcome Centres - unlocking roughly £1,000 in unclaimed support for a struggling family (£1 spent = £10 unlocked).

Donate today. Simply scan the QR code on the front of this flyer.

Want to donate food? Head to our website to find out how www.leitchworth.foodbank.org.uk.

Together, we can help ensure that no one faces hunger this winter.